

Keep Reading To...

- > Keep your aging horse performing its best well into its golden years
- > Celebrate Dr. Janet Greenfield Davis' Equine Rehabilitation and Performance Certification
- > Learn about Dr. Paul Wollenman's recognition for "Outstanding Contributions to the Sport of Polo"

Considerations for the Aging Performance Horse

From a veterinary perspective, horses can be considered "middle-aged" by 13 years of age, and "seniors" by 20 years of age. Although many sport horses may just be coming into their prime for training and competing during these years, horses show signs of aging at different rates just like humans do. As horses age some physiological functions start to decline, and they require extra care to maintain their overall health and condition.

Advances in diagnostics, therapies, and medications can help to support equine athletes and keep them performing well into their golden years. While many of the same health factors apply to horses of all ages, several additional and significant concerns should be considered for the aging horse.



Advances in diagnostics, therapies, and medications can help to support our equine athletes and keep them performing well into their golden years. Photo courtesy of PBEC

Meet your horse's nutritional needs

Aging impacts a horse's ability to digest and utilize the nutrients in its feed as well as its ability to maintain weight and muscle mass. Senior horses require a diet that is highly digestible, palatable, and has an amino acid profile that will maintain muscle mass. As diet is one of the most crucial facets of a horse's care, owners can consult their veterinarian to make sure they are fueling their aging horse with an adequate ratio and amount of high quality forage, grains, vitamins, and minerals.

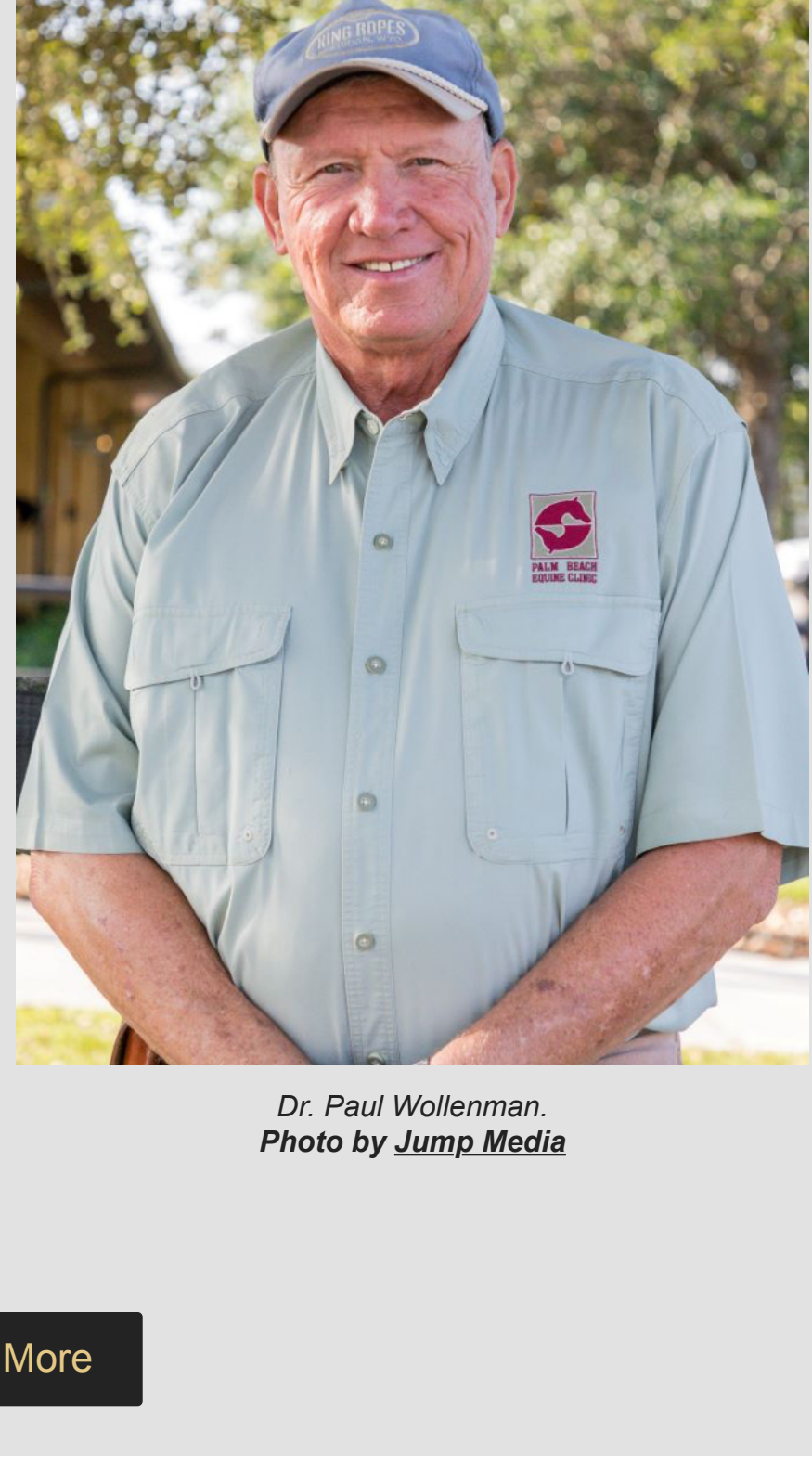
"When it comes to the best nutrition for senior horses, access to high-quality forage is very important and some horses may need free-choice quality hay to maintain optimum health," said Dr. Marilyn Connor of Palm Beach Equine Clinic. "There are many commercially available feeds labeled as "senior" that are formulated to meet the dietary needs of the middle-aged to senior horse. These feed products are often beneficial to all adult horses as they are processed to be nutrient dense and highly digestible."

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Dr. Paul Wollenman Honored as 2021 Philip Iglehart Award Inductee by the Museum of Polo and Hall of Fame

The Museum of Polo and Hall of Fame will honor Dr. Paul Wollenman as a 2021 Inductee of the Philip Iglehart Award in recognition of his exceptional lifetime contributions to the sport of polo on a regional and national level.

Beginning his career as the youngest graduate of Texas A&M College of Veterinary Medicine at only 21-years-old, he has dedicated nearly five decades to the polo and veterinary industries. He has taken an integral role in the polo community by educating teams on proper care and supporting the world's top equine athletes. Dr. Wollenman has worked in an advisory capacity for the Equine Welfare Committee of the United States Polo Association (USPA). As an amateur 2-goal handicap player himself, Dr. Wollenman is fortunate to thoroughly enjoy the sport and career in which he is revered.



Dr. Paul Wollenman. Photo by Jump Media

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Dr. Janet Greenfield Davis Earns Equine Rehabilitation and Performance Medicine Certification



Dr. Janet Greenfield Davis (right) earns certification in Equine Rehabilitation and Performance from the Integrative Veterinary Medical Institute. Photo courtesy of PBEC

Dr. Janet Greenfield Davis has recently added another professional title to her name as a Certified Equine Rehabilitation and Performance Veterinarian (CERPv). The certification through the Integrative Veterinary Medical Institute aims to enhance the high-level sport horse medicine practitioner's ability to localize the root cause of performance deficits, evaluate the horse's biomechanics on a segmented level, and select the appropriate rehabilitation tools. The CERPv distinguishes veterinarians who possess the knowledge and skills to spot slight variations in a horse's gait and performance before they lead to lameness and deliver an elevated quality of rehabilitation management.

"I chose to pursue this certification as an extension of my understanding of the many intricacies with both movement and muscle of the sport horse," said Dr. Greenfield Davis. "This deeper understanding goes toward helping keep my clients' horses in the best condition for peak performance, heal stronger after injury, and prevent injuries from happening in the first place."

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Palm Beach Equine Clinic Supports Up-and-Coming Talent Through Sponsorship of M & R Equestrian Training Days



Palm Beach Equine Clinic will sponsor the upcoming M & R Equestrian's Training Days at Jim Brandon Equestrian Center. Photo by Catie Staszak Media

One of the world's premier equestrian facilities, Palm Beach Equine Clinic (PBEC), has available and set at varying heights throughout the day to accommodate horses and riders of all levels the opportunity to school over a full course of show-quality jumps set by FEI course designers.

Every Tuesday, three arenas—two jumper rings and an arena with hunter courses—are available and set at varying heights throughout the day to accommodate horses and riders of all ages and levels. Training Days was created as a means to prepare young horses for the show ring, scout up-and-coming sale prospects, practice horse show elements like open water jumps, and to enjoy a relaxing, confidence-building experience at an affordable price.

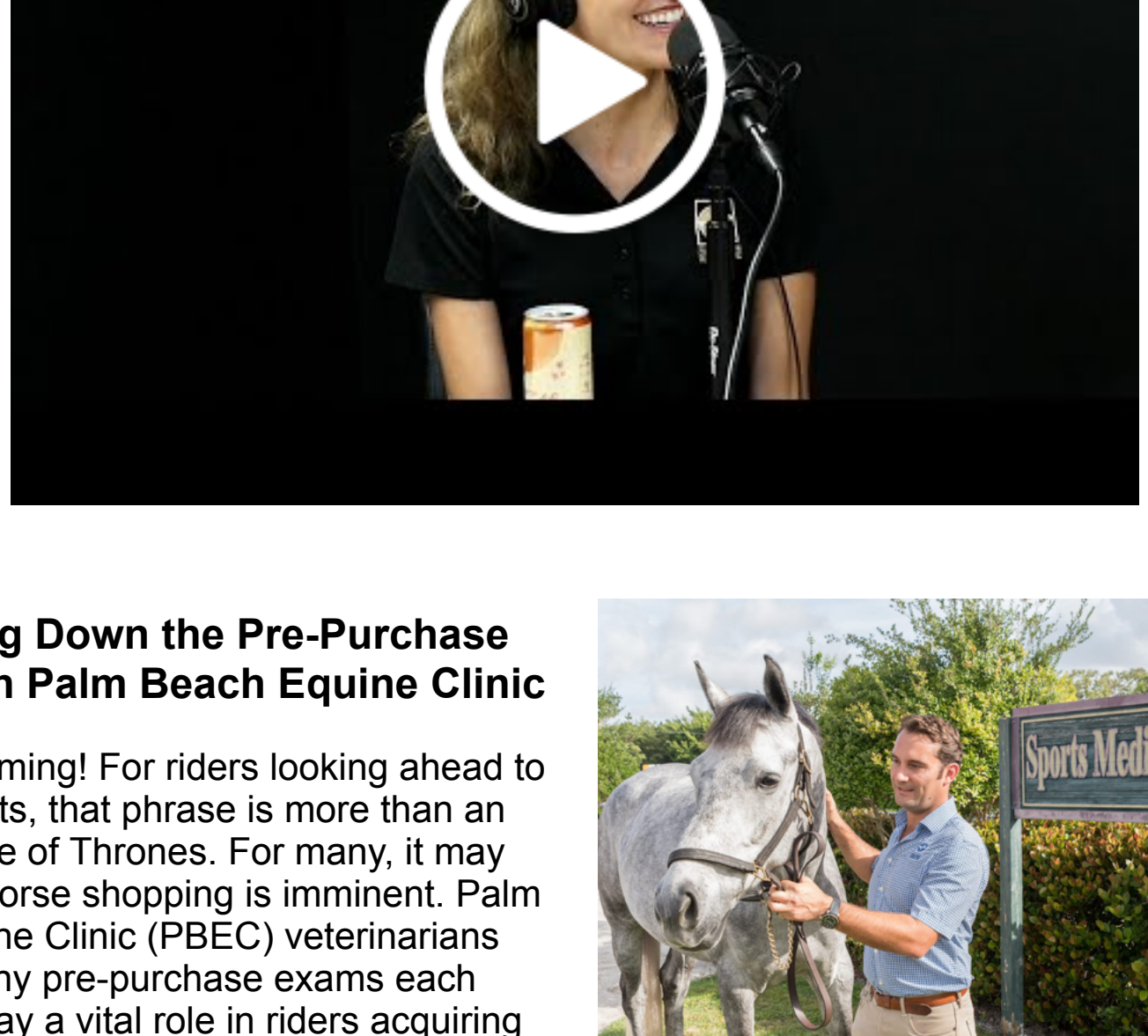
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PBEC in the News

Palm Beach Podcast with Dr. Marilyn Connor

Dr. Marilyn Connor was the latest guest on The Palm Beach Podcast, a show highlighting people and organizations making a positive impact in South Florida!

Listen in to hear about Dr. Connor's journey to practicing veterinary medicine and PBEC's role in supporting the diverse community of equine athletes and their riders in Wellington and around the globe.



Breaking Down the Pre-Purchase Exam with Palm Beach Equine Clinic

Winter is coming! For riders looking more than an ode to Game of Thrones. For many, it may mean that horse shopping is imminent. Palm Beach Equine Clinic (PBEC) veterinarians perform many pre-purchase exams each year, and play a vital role in riders acquiring new mounts.

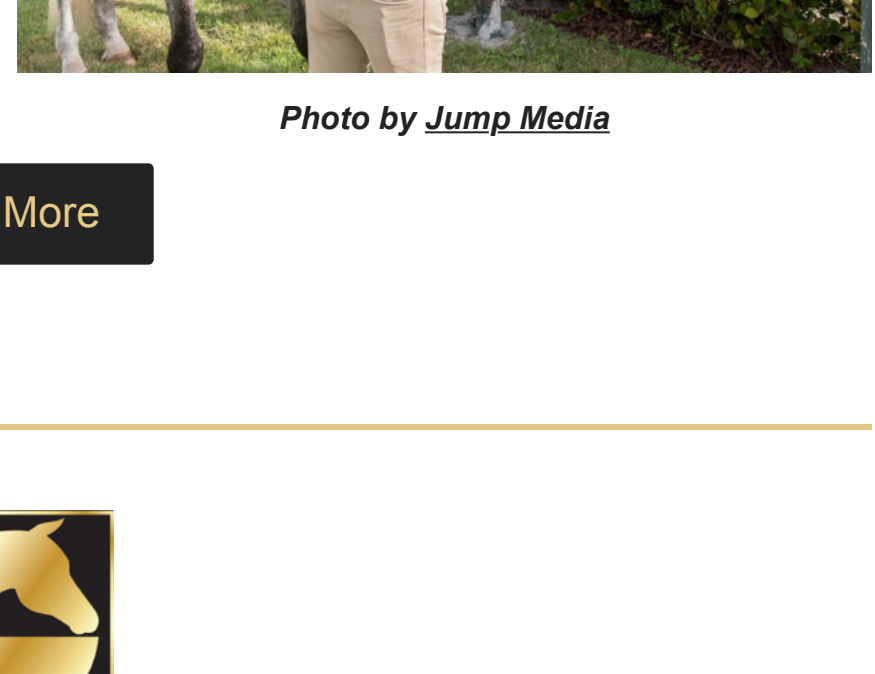
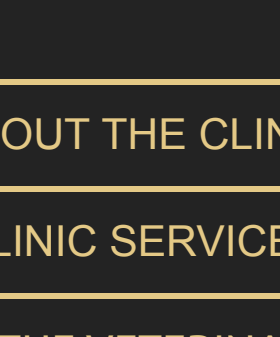


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